

# BOWEL CLEANSERS

Generic	Strength	Brand	Form	Usual Dose	
<b>HYPEROSMOTICS</b>					
monobasic sodium phosphate	19g/118mL	Fleet Enema	OTC enema <sup>1</sup>	<b>Adults:</b> 1 enema rectally daily; may use up to 7 days. Results usually within 1-5min; reevaluate if no relief after 7 days. <b>Children:</b> Use other forms.	
dibasic sodium phosphate	7g/118mL				
monobasic sodium phosphate	19g/197mL	Fleet Enema Extra			
dibasic sodium phosphate	7g/197mL				
<b>ISOSMOTICS</b>					
polyethylene glycol 3350	60g/L	Colyte	Rx	<b>Adults:</b> After fasting for 3-4hrs, 240mL orally every 10min or 20-30mL/min by NG tube until fecal discharge is clear. Usual dose 3-4L. Only clear liqs until exam. <b>Children: Not recommended.</b>	
sodium chloride	1.46g/L				
potassium chloride	0.745g/L	Colyte w. Flavor Packs			
sodium bicarbonate	1.68g/L				
sodium sulfate	5.68g/L	GoLYTELY	Rx		
polyethylene glycol 3350	236g/4L				
sodium chloride	5.86g/4L				
potassium chloride	2.97g/4L				
sodium bicarbonate	6.74g/4L	TriLyte w. Flavor Packs	Rx	<b>Adults:</b> No solid food for at least 2hrs, then 240mL orally every 10min or 20-30mL/min by NG tube until rectal effluent is clear or 4L consumed. May interrupt if severe GI disturbances occur. Only clear liqs until exam. <b>Children: Not recommended.</b>	
sodium sulfate	22.74g/4L				
polyethylene glycol 3350	420g/4L				
sodium chloride	11.2g/4L				
potassium chloride	1.48g/4L	TriLyte w. Flavor Packs	Rx	<b>Adults:</b> After fasting for 3-4 hrs, 240mL orally every 10min or 20-30mL/min by NG tube until rectal discharge is clear or 4L consumed. <b>Children: &lt;6mos: not recommended. &gt;6mos:</b> No solid food for at least 2hrs, then 25mL/kg/hr orally or by NG tube until rectal discharge is clear or 4L consumed. <b>Both:</b> May interrupt if severe GI disturbances occur. Only clear liq until exam.	
sodium bicarbonate	5.72g/4L				
<b>ISOSMOTIC BOWEL CLEANSER + STIMULANT LAXATIVE</b>					
polyethylene glycol 3350	210g/2L	HalfLyteLY w. Flavor Packs	Rx		<b>Adults:</b> No solid food on day of prep. Take 1 bisacodyl tab (swallow whole). After 1st bowel movement (up to 6hrs later) drink 240mL soln every 10min until 2L consumed. May interrupt if severe GI disturbances occur. <b>Children: Not recommended.</b>
sodium chloride	5.6g/2L				
potassium chloride	0.74g/2L				
sodium bicarbonate	2.86g/2L				
bisacodyl	5mg				
<b>OSMOTICS</b>					
polyethylene glycol	200g/2L	MoviPrep	Rx	<b>Adults: ≥18yrs:</b> No solid food from start of prep. Start the evening before colonoscopy. <i>Split-dose regimen:</i> drink 240mL every 15min over 1hr until 1L consumed, then 0.5L of clear liq; in the AM, drink 2nd liter over 1hr, then 0.5L of clear liq at least 1hr before colonoscopy; or, <i>Evening-only regimen:</i> start at 6pm, drink 240mL every 15min over 1hr until 1L consumed, then drink 2nd 1L 1.5hrs later over 1hr; in addition, drink 1L of clear liq. <b>&lt;18yrs: Not recommended.</b>	
sodium sulfate	15g/2L				
sodium chloride	5.38g/2L				
potassium chloride	2.03g/2L				
ascorbic acid	9.4g/2L	NuLYTELY	Rx	<b>Adults:</b> 240mL orally every 10min or 20-30mL/min by NG tube until rectal effluent is clear or 4L consumed. <b>Children: &lt;6mos: not recommended. ≥6mos:</b> No solid food for at least 2hrs, then 25mL/kg/hr orally or by NG tube until rectal effluent is clear or 4L consumed. <b>Both:</b> No solid food for at least 2hrs before consumption. May interrupt if severe GI disturbances occur. Only clear liq until exam.	
sodium ascorbate	11.8g/2L				
polyethylene glycol 3350	420g/4L				
sodium bicarbonate	5.72g/4L				
sodium chloride	11.2g/4L	Osmoprep	Rx	<b>≥18yrs:</b> Evening before colonoscopy; 4 tabs with 8oz of clear liq every 15mins for a total of 20 tabs; repeat on day of colonoscopy 3-5hrs before procedure for a total of 12 tabs. Wait 7 days before retreating. <b>&lt;18yrs: Not recommended.</b>	
potassium chloride	1.48g/4L				
sodium phosphate (as monobasic monohydrate and dibasic anhydrous)	1.5g				
polyethylene glycol	210g/2L	Suclear	Rx	<b>Adults:</b> Take 1st dose the evening before colonoscopy followed by 16oz of water over the next 2hrs and 16oz of water before bed. Consume 1st dose within 20min. Take 2nd dose, the next day at least 3.5hrs before colonoscopy. Complete drinking one 16oz drink every 20min for a total of four 16oz drinks 2hrs before colonoscopy. <b>Children: Not recommended.</b>	
sodium sulfate	17.5g/2L				
potassium sulfate	3.13g/2L				
magnesium sulfate	1.6g/2L				
sodium chloride	5.6g/2L	Suprep	Rx	<b>Adults:</b> Start the evening before colonoscopy. Dilute 1 bottle to 16oz with water and drink entire amount. Drink 32oz of water over the next hour. Next morning: repeat using the second bottle. Complete prep at least 1hr before colonoscopy. <b>Children: Not recommended.</b>	
sodium bicarbonate	2.86g/2L				
potassium chloride	0.74g/2L				
sodium sulfate	17.5g/6oz				
potassium sulfate	3.13g/6oz				
magnesium sulfate	1.6g/6oz				
<b>STIMULANT + OSMOTIC LAXATIVE</b>					
sodium picosulfate	10mg/pkt	Prepopik	Rx	<b>Adults: Split-Dose regimen (preferred):</b> Take 1st dose evening before colonoscopy followed by five 8oz drinks of clear liqs before bed. Consume clear liqs within 5hrs. Take 2nd dose, the next day approximately 5hrs before colonoscopy followed by at least three 8oz drinks of clear liqs. Consume clear liqs within 5hrs up until 2hrs before procedure. <b>Day-Before regimen (alternative):</b> Take 1st dose in the afternoon or early evening before colonoscopy followed by five 8oz drinks of clear liqs before the next dose. Take 2nd dose approximately 6hrs later in the late evening, the night before colonoscopy followed by three 8oz drinks of clear liqs before bed. Consume clear liqs within 5hrs. <b>Children: Not established.</b>	
magnesium oxide	3.5g/pkt				
anhydrous citric acid	12g/pkt				
<b>NOTES</b>					

Key: supp = suppository; e-c = enteric-coated; pwd = powder; del-rel = delayed-release

<sup>1</sup>latex free, contains sodium 4.4g/enema; <sup>2</sup>citrus berry, lemon-lime, cherry, or pineapple flavors; <sup>3</sup>original or pineapple flavor; <sup>4</sup>orange, lemon-lime, cherry flavors;

<sup>5</sup>contains phenylalanine 131mg/treatment, lemon flavor; <sup>6</sup>gluten-free

(Rev. 2/2014)