

# BOWEL CLEANSERS

Generic & Class	Strength	Brand & Company	Formulations*	Usual Dose	Notes
<b>HYPEROSMOTICS</b>					
monobasic sodium phosphate	19g	<b>Fleet Enema</b> Fleet, C.B., Co.	OTC enema	<b>Adults:</b> 1 enema rectally daily; may be used up to 7 days. Results usually within 1–5min; reevaluate if no relief after 7 days. <b>Children:</b> Use other forms.	<ul style="list-style-type: none"> <li>• Per 118mL</li> <li>• Latex free</li> <li>• Contains sodium 4.4g per enema</li> </ul>
dibasic sodium phosphate	7g				
monobasic sodium phosphate	19g	<b>Fleet Enema Extra</b> Fleet, C.B., Co.			<ul style="list-style-type: none"> <li>• Per 197mL</li> <li>• Latex free</li> <li>• Contains sodium 4.4g per enema</li> </ul>
dibasic sodium phosphate	7g				
<b>ISOSMOTICS</b>					
polyethylene glycol 3350	60g	<b>Colyte</b> <i>Meda</i>	℞ pwd for reconstitution	<b>Adults:</b> After fasting for 3–4 hrs, 240mL orally every 10min or 20–30mL/min by NG tube until fecal discharge is clear. Usual dose 3–4L. <b>Children: Not recommended</b>	<ul style="list-style-type: none"> <li>• Per L of soln</li> <li>• Only clear liquids until exam</li> </ul>
sodium chloride	1.46g				
potassium chloride	0.745g				
sodium bicarbonate	1.68g				
sodium sulfate	5.68g				
polyethylene glycol 3350	60g	<b>Colyte w. Flavor Packs</b> <i>Meda</i>	℞ pwd for reconstitution (add 1 flavor pack before reconstitution)		<ul style="list-style-type: none"> <li>• Per L of soln</li> <li>• Flavor 0.805g/pack</li> <li>• Only clear liquids until exam</li> </ul>
sodium chloride	1.46g				
potassium chloride	0.745g				
sodium bicarbonate	1.68g				
sodium sulfate	5.68g				
polyethylene glycol 3350	236g	<b>GoLYTELY</b> <i>Braintree Laboratories</i>	℞ pwd for reconstitution	<b>Adults:</b> No solid food for at least 2 hrs, then 240mL orally every 10min or 20–30mL/min by NG tube until rectal effluent is clear or 4L consumed. May interrupt if severe GI disturbances occur. <b>Children: Not recommended</b>	<ul style="list-style-type: none"> <li>• Per 4L of soln</li> <li>• Only clear liquids until exam</li> </ul>
sodium chloride	5.86g				
potassium chloride	2.97g				
sodium bicarbonate	6.74g				
sodium sulfate	22.74g				
polyethylene glycol 3350	420g	<b>TriLyte w. Flavor Packs</b> <i>UCB</i>	℞ pwd for reconstitution (add 1 flavor pack before reconstitution)	<b>Adults:</b> After fasting for 3–4 hrs, 240mL orally every 10min or 20–30mL/min by NG tube until rectal discharge is clear or 4L consumed. May interrupt if severe GI disturbances occur. <b>Children: &lt;6months:</b> not recommended. <b>&gt;6months:</b> No solid food for at least 2 hrs, then 25mL/kg/hr orally or by NG tube until rectal discharge is clear or 4L consumed. May interrupt if severe GI disturbances occur.	<ul style="list-style-type: none"> <li>• Per 4L of soln</li> <li>• Flavor 3.22g/pack</li> <li>• Only clear liquids until exam</li> </ul>
sodium chloride	11.2g				
potassium chloride	1.48g				
sodium bicarbonate	5.72g				
<b>ISOSMOTIC BOWEL CLEANSER + STIMULANT LAXATIVE</b>					
polyethylene glycol 3350	210g	<b>HalfLyte w. Flavor Packs</b> <i>Braintree Laboratories</i>	℞ pwd for reconstitution (add 1 flavor pack before reconstitution) + bisacodyl (1 e-c delayed-release tab)	<b>Adults:</b> No solid food on day of prep. Take 1 bisacodyl tab (swallow whole). After 1st bowel movement (up to 6 hrs later) drink 240mL soln every 10 minutes until 2 liters consumed. May interrupt if severe GI disturbances occur. <b>Children: Not recommended</b>	<ul style="list-style-type: none"> <li>• Per 2L of soln</li> </ul>
sodium chloride	5.6g				
potassium chloride	0.74g				
sodium bicarbonate	2.86g				
bisacodyl	5mg				
<b>OSMOTICS</b>					
polyethylene glycol	200g	<b>MoviPrep</b> <i>Salix</i>	℞ pwd for reconstitution	<b>Adults: ≥18yrs:</b> No solid food from start of prep. For both regimens start the evening before colonoscopy. Split-dose regimen: drink 240mL every 15min over 1hr until 1L consumed, then 0.5L of clear liquid; in the AM, drink 2nd liter over 1hr, then 0.5L of clear liquid at least 1hr before colonoscopy; or, Evening-only regimen: start at 6pm, drink 240mL every 15min over 1hr until 1L consumed, then drink 2nd liter 1.5hrs later over 1hr; in addition, drink 1L of clear liquid. <b>&lt;18yrs: Not recommended</b>	<ul style="list-style-type: none"> <li>• Per 2L of soln</li> <li>• Contains phenylalanine 2.33mg</li> </ul>
sodium sulfate	15g				
sodium chloride	5.38g				
potassium chloride	2.03g				
ascorbic acid	9.4g				
sodium ascorbate	11.8g				
polyethylene glycol 3350	420g	<b>NuLYTELY</b> <i>Braintree Laboratories</i>	℞ pwd for reconstitution	<b>Adults:</b> No solid food for at least 2 hrs, then 240mL orally every 10min or 20–30mL/min by NG tube until rectal effluent is clear or 4L consumed. May interrupt if severe GI disturbances occur. <b>Children: &lt;6months:</b> not recommended. <b>&gt;6months:</b> No solid food for at least 2 hrs, then 25mL/kg per hour orally or by NG tube until rectal effluent is clear or 4L consumed. May interrupt if severe GI disturbances occur.	<ul style="list-style-type: none"> <li>• Per 4L of soln</li> <li>• Only clear liquids until exam</li> </ul>
sodium bicarbonate	5.72g				
sodium chloride	11.2g				
potassium chloride	1.48g				
sodium phosphate (as monobasic monohydrate and dibasic anhydrous)	1.5g	<b>Osmoprep</b> <i>Salix</i>	℞ tabs	<b>≥18yrs:</b> Evening before colonoscopy: 4 tabs with 8oz of clear liq every 15 mins for a total of 20 tabs; repeat on day of colonoscopy 3–5 hrs before procedure for a total of 12 tabs. Wait 7 days before retreating. <b>&lt;18yrs: Not recommended</b>	
sodium sulfate	17.5g	<b>Suprep</b> <i>Braintree Laboratories</i>	℞ soln for dilution	<b>Adults:</b> Start the evening before colonoscopy. Dilute 1 bottle to 16oz with water and drink entire amount. Drink 32oz of water over the next hour. Next morning: repeat using the second bottle. Complete prep at least 1 hour before colonoscopy. <b>Children: Not recommended</b>	<ul style="list-style-type: none"> <li>• Per 6oz of soln</li> </ul>
potassium sulfate	3.13g				
magnesium sulfate	1.6g				
sodium phosphate (as monobasic monohydrate and dibasic anhydrous)	1.5g	<b>Visicol</b> <i>Salix</i>	℞ tabs	<b>≥18yrs:</b> Evening before colonoscopy: 3 tabs with 8oz of clear liq every 15 mins (last dose is 2 tabs) for a total of 20 tabs; repeat on day of colonoscopy 3–5 hrs before procedure. Wait 7 days before retreating. <b>&lt;18yrs: Not recommended</b>	<ul style="list-style-type: none"> <li>• Gluten-free</li> </ul>
<b>STIMULANT + OSMOTIC LAXATIVE</b>					
sodium picosulfate	10mg	<b>Prepopik</b>	℞ pwd for reconstitution	<b>Adults:</b> Split-Dose regimen (preferred): Take 1st dose evening before colonoscopy followed by five 8oz drinks of clear liquids before bed. Consume clear liquids within 5hrs. Take 2nd dose, the next day approximately 5hrs before colonoscopy followed by at least three 8oz drinks of clear liquids. Day-Before regimen (alternative): Take 1st dose in the afternoon or early evening before colonoscopy followed by five 8oz drinks of clear liquids before the next dose. Take 2nd dose approximately 6hrs later in the late evening, the night before colonoscopy followed by three 8oz drinks of clear liquids before bed. <b>Children: Not established.</b>	<ul style="list-style-type: none"> <li>• Per packet</li> <li>• Split-Dose regimen: Consume clear liquids within 5hrs up until 2hrs before procedure.</li> <li>• Day-Before regimen: Consume clear liquids within 5hrs.</li> </ul>
magnesium oxide	3.5g				
anhydrous citric acid	12g				

## NOTES

supp = suppository; e-c = enteric-coated; tabs = tablets; pwd = powder

(Rev 2/2013)