

OTC (OVER-THE-COUNTER) ORAL ALLERGY TREATMENTS (part 1 of 2)

Generic & Class	Brand & Company	Strength	Formulations ¹	Usual Dose
FIRST GENERATION H₁ ANTAGONIST ANTIHISTAMINE				
Chlorpheniramine maleate	CHLOR-TRIMETON (Merck)	4mg	tabs	Children: <2years: not recommended. 2–5years: 1mg. 6–11years: 2mg. Both: every 4–6 hours.
	CHLOR-TRIMETON SYRUP† (Merck)	2mg/5mL	syrup	Adults: 4mg every 4–6 hours.
	CHLOR-TRIMETON 8HR ALLERGY (Merck)	8mg	sust-rel tabs	Children: <6years: not recommended. 6–12years: 8mg once daily.
	CHLOR-TRIMETON 12HR ALLERGY (Merck)	12mg	sust-rel tabs	Adults: 8mg every 8 hours
Clemastine (as fumarate)	TAVIST ALLERGY (Novartis Consumer Health)	1mg	tabs+	Children: Not recommended. Adults: 1mg every 12 hours.
Diphenhydramine HCl	BENADRYL ALLERGY (McNeil Cons & Specialty)	25mg	caps; tabs; liq-filled softgels ⁵	Children: <6years: individualize. 6–12years: 12.5–25mg every 4–6 hours; max 150mg/day. Adults: 25–50mg every 4–6 hours; max 300mg/day.
	BENADRYL ALLERGY CHEWABLES*† (McNeil Cons & Specialty)	12.5mg	chew tabs	
	BENADRYL ALLERGY LIQUID† (McNeil Cons & Specialty)	12.5mg/5mL	liq ^{6,7}	
	BENADRYL PERFECT MEASURE† (McNeil Cons & Specialty)	12.5mg/5mL	liq; pre-filled, single use spoons ⁶	
	PEDIACARE CHILDREN'S ALLERGY† (McNeil Cons & Specialty)	12.5mg/5mL	liq	Children: <4years: do not use. 4–5years: not recommended. 6–11years: 5mL every 4 hours; max 6 doses/24hrs.
	TRIAMINIC THIN STRIPS ALLERGY (Novartis Consumer Health)	12.5mg	strips	Adults and Children: Dissolve strip on tongue. <4yrs: do not use. 4–6yrs: individualize. 6–12yrs: 1 or 2 strips every 4–6 hours as needed; max 6 doses/24hrs.
SECOND GENERATION H₁ ANTAGONIST ANTIHISTAMINE				
Cetirizine	CHILDREN'S ZYRTEC ALLERGY SYRUP (McNeil Cons & Specialty)	1mg/mL	syrup ¹²	Adults and Children: Chew tabs: may take with or without water. For doses <5mg: use syrup. <2years: not recommended. 2–6years: initially 2.5mg once daily; max 5mg once daily or 2.5mg every 12 hours. ≥6years: initially 5–10mg once daily. ≥65years: use chew tabs or syrup: 5mg once daily. Hepatic or renal impairment: individualize.
	CHILDREN'S ZYRTEC CHEWABLE (McNeil Cons & Specialty)	5mg, 10mg	chew tabs	
	ZYRTEC (McNeil Cons & Specialty)	10mg	tabs	
	ZYRTEC PERFECT MEASURE (McNeil Cons & Specialty)	1mg/mL	liq; pre-filled, single use spoons ^{6,12}	
	CHILDREN'S ZYRTEC HIVES RELIEF SYRUP (McNeil Cons & Specialty)	1mg/mL	syrup	Adults and Children: <6years: not recommended. ≥6years: initially 5–10mg once daily. ≥65years: use syrup: 5mg once daily. Hepatic or renal impairment: individualize.
	ZYRTEC HIVES RELIEF (McNeil Cons & Specialty)	10mg	tabs	
	ZYRTEC LIQUID GELS (McNeil Cons & Specialty)	10mg	liq-filled gels	Adults and Children: <6years: not recommended. ≥6years: 10mg once daily. Hepatic or renal impairment: individualize.
Fexofenadine HCl	ALLEGRA (Sanofi Aventis)	60mg 180mg	tabs	Children: Use Children's Allegra. Adults: 180mg once daily or 60mg twice daily. Renal impairment: initially 60mg once daily.
	CHILDREN'S ALLEGRA (Sanofi Aventis)	30mg	tabs	Children: <6yrs: not recommended. ≥6yrs: 1 tab every 12 hours; max 2 tabs/24hrs. Adults: 2 tabs every 12 hours; max 4 tabs/24hrs.
	CHILDREN'S ALLEGRA ODT (Sanofi Aventis)	30mg	ODT	Children: <6yrs: not recommended. ≥6yrs: Place tab on tongue and allow to disintegrate with or without water. 1 tab every 12 hours; max 2 tabs/24hrs. Adults: Place tab on tongue and allow to disintegrate with or without water. 2 tabs every 12 hours; max 4 tabs/24hrs.

(continued)

OTC (OVER-THE-COUNTER) ORAL ALLERGY TREATMENTS (part 2 of 2)

Generic & Class	Brand & Company	Strength	Formulations ¹	Usual Dose
SECOND GENERATION H₁ ANTAGONIST ANTIHISTAMINE (continued)				
Fexofenadine HCl (continued)	CHILDREN'S ALLEGRA ORAL SUSPENSION (Sanofi Aventis)	30mg/5mL	susp	Children: <2yrs: not recommended. ≥2yrs: 5mL every 12 hours; max 10mL/24hrs. Adults: 10mL every 12 hours; max 20mL/24hrs.
Loratadine	ALAVERT ODT* (Pfizer)	10mg	ODT	Adults and Children: <6yrs: not recommended. ≥6yrs: Dissolve on tongue; swallow with or without water. 10mg once daily. Adults and Children: <2years: not recommended. 2–5years: 5mg once daily. ≥6years: 10mg once daily or 5 mg twice daily. Hepatic or renal insufficiency: see literature. RediTabs: dissolve on tongue; swallow with or without water. Liqui-Gels: swallow whole. Adults and Children: <6years: not recommended. ≥6years: 10mg once daily. Hepatic or renal insufficiency: see literature.
	CHILDREN'S CLARITIN CHEWABLES* (Merck)	5mg	chew tabs	
	CHILDREN'S CLARITIN SYRUP† (Merck)	1mg/mL	syrup ^{2,3}	
	CLARITIN (Merck)	10mg	tabs	
	CLARITIN LIQUI-GELS (Merck)	10mg	liq-filled caps	
	CLARITIN REDITABS 12-HOUR (Merck)	5mg	ODT	
	CLARITIN REDITABS 24-HOUR (Merck)	10mg	ODT	
	CLARITIN HIVES RELIEF (Merck)	10mg	tabs	

COMBINED ANTIHISTAMINE + SYMPATHOMIMETIC

Cetirizine HCl	ZYRTEC-D 12 HOUR (McNeil Cons & Specialty)	5mg	ext-rel tabs	Children: Not recommended. Adults: Swallow whole. 1 tab twice daily. Hepatic or renal impairment (CrCl ≤31mL/min): 1 tab once daily.
Pseudoephedrine HCl		120mg		
Chlorpheniramine maleate	SUDAFED SINUS & ALLERGY (McNeil Cons & Specialty)	4mg	tabs	Children: <6years: individualize. 6–11years: ½ tab every 4–6 hours as needed; max 4 doses/24hrs. Adults: 1 tab every 4–6 hours as needed; max 4 doses/24hrs.
Pseudoephedrine HCl		60mg		
Diphenhydramine HCl	CHILDREN'S BENADRYL-D ALLERGY/SINUS LIQUID† (McNeil Cons & Specialty)	12.5mg/5mL	liq ³	Children: <6years: individualize. 6–11years: 5mL. Repeat every 4 hours as needed. Adults: 10mL every 4 hours.
Phenylephrine HCl		5mg/5mL		
Diphenhydramine HCl	BENADRYL-D ALLERGY/SINUS (McNeil Cons & Specialty)	25mg	tabs	Children: Use liquid form. Adults: 1 tab every 4 hours.
Phenylephrine HCl		10mg		
Loratadine	ALAVERT D-12 HOUR (Pfizer)	5mg	ext-rel tabs	Children: Not recommended. Adults: Swallow whole. 1 tab every 12 hours.
Pseudoephedrine sulfate		120mg		
Loratadine	CLARITIN-D 12 HOUR (Merck)	5mg	ext-rel tabs	Children: Not recommended. Adults: Swallow whole. 1 tab every 12 hours. Renal insufficiency (CrCl <30mL/min): 1 tab once daily.
Pseudoephedrine sulfate		120mg		
Loratadine	CLARITIN-D 24 HOUR (Merck)	10mg	ext-rel tabs	Children: Not recommended. Adults: Swallow whole. 1 tab daily. Renal insufficiency (CrCl <30mL/min): 1 tab every other day.
Pseudoephedrine sulfate		240mg		
Triprolidine HCl	SUDAFED SINUS NIGHTTIME (McNeil Cons & Specialty)	2.5mg	tabs	Children: <6years: individualize. 6–11years: ½ tab every 4–6 hours as needed; max 4 doses/24hrs. Adults: 1 tab every 4–6 hours as needed; max 4 doses/24hrs.
Pseudoephedrine HCl		60mg		

NOTES

¹ = Dye-free; ² = Alcohol-free; ³ = Sugar-free; * = Contains phenylalanine; † = Contains alcohol; ‡ = Contains sodium (see product monograph for sodium content).

⁴caps = capsules; tabs = tablets; ext-rel = extended-release; liq = liquid; ODT = orally disintegrating tablets; susp = suspension; sust-rel = sustained-release; tabs+ = scored tablets.

**Not an inclusive list. Please see drug monographs or visit www.eMPR.com.

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