

HORMONE REPLACEMENT THERAPIES

Generic	Brand	Form	Strength	Dosing Frequency
ORAL ESTROGEN				
conjugated estrogens	Premarin	tabs	0.3mg, 0.45mg, 0.625mg, 0.9mg, 1.25mg, 2.5mg	Once daily
esterified estrogens	Menest	tabs	0.3mg, 0.625mg, 1.25mg, 2.5mg	
estradiol	Femtrace	tabs	0.9mg, 1.8mg	
estradiol (micronized)	Estrace	tabs	0.5mg, 1mg, 2mg	
estropipate	Ogen	tabs	0.625mg, 1.25mg, 2.5mg	
	Ortho-EST	tabs	0.625mg, 1.25mg	
synthetic conjugated estrogens, B	Enjuvia	tabs	0.3mg, 0.45mg, 0.625mg, 0.9mg, 1.25mg	
TRANSDERMAL ESTROGEN				
estradiol	Alora	matrix patch	0.025mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
	Climara	matrix patch	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.06mg/day, 0.075mg/day, 0.1mg/day	Once weekly
	Divigel	topical gel	0.25mg/pkt, 0.5mg/pkt, 1mg/pkt	Once daily
	Elestrin	topical gel	0.87g/pump	Once daily
	Estraderm	reservoir patch	0.05mg/day, 0.1mg/day	Twice weekly
	Estrasorb	topical emulsion	1.74g/pouch	2 pouches once daily
	Estrogel	topical gel	1.25g/pump	1 pump once daily
	Evamist	topical spray	1.53mg/spray	Initially 1 spray daily; may increase to 2–3 sprays if needed
	Menostar	matrix patch	0.014mg/day	Once weekly
	Minivelle	patch	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
	Vivelle	matrix patch	0.05mg/day, 0.1mg/day	Twice weekly
	Vivelle-Dot	matrix patch	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
VAGINAL ESTROGEN				
conjugated estrogens	Premarin	cream	0.625mg/g	Daily
estradiol	Estring	ring	7.5mcg/24hrs	Once every 90 days
	Femring	ring	0.05mg/day, 0.1mg/day	Once every 3mos
	Vagifem	vaginal tabs	10mcg	Once daily for 2wks, then twice weekly
ORAL ESTROGEN + ESTROGEN AGONIST/ANTAGONIST				
conjugated estrogens/bazedoxifene	Duavee	tabs	0.45mg/20mg	Once daily
ORAL PROGESTOGEN				
MPA	Provera	tabs	2.5mg, 5mg, 10mg	Once daily
norethindrone acetate	Aygestin	tabs	5mg	
progesterone (micronized)	Prometrium	caps	100mg, 200mg	
ORAL ESTROGEN + PROGESTOGEN				
conjugated estrogens (14 tabs); then conjugated estrogens/MPA (14 tabs)	Premphase	tabs	0.625mg; then 0.625mg/5mg	Once daily, sequentially
conjugated estrogens/MPA (28 tabs)	Prempro	tabs	0.3mg/1.5mg, 0.45mg/1.5mg, 0.625mg/2.5mg, 0.625mg/5mg	Once daily, continuously
estradiol (3 tabs); then estradiol/norgestimate (3 tabs)	Prefest	tabs	1mg; then 1mg/0.09mg	Once daily, sequentially
estradiol/drospirenone	Angeliq	tabs	0.5mg/0.25mg, 1mg/0.5mg	Once daily
estradiol/norethindrone acetate	Activella	tabs	0.5mg/0.1mg, 1mg/0.5mg	Once daily
norethindrone acetate/ethinyl estradiol	Femhrt	tabs	0.5mg/2.5mcg, 1mg/5mcg	Once daily, continuously Note: Progestin listed first
TRANSDERMAL ESTROGEN + PROGESTOGEN				
estradiol/levonorgestrel	Climara Pro	matrix patch	0.045mg/0.015mg per day	Once weekly
estradiol/norethindrone acetate	Combipatch	matrix patch	0.05mg/0.14mg per day, 0.05mg/0.25mg per day	Twice weekly

NOTES

Key: MPA = medroxyprogesterone acetate.

Matrix patch: Estradiol is embedded in the adhesive layer that is applied directly to the skin.

Reservoir patch: Estradiol is contained in a drug reservoir and its release is controlled by a co-polymer membrane; contains more layers than matrix patch. Do not include list of medications and/or official indications. Please see drug monograph at www.eMPR.com and/or contact company for full drug labeling. Estrogen component is listed first for combination products. Listed strengths are not necessarily the same as the dosage. Listed dosing frequency is for use in HRT; may be other frequencies for other uses. Some products are given cyclically.