

# CHILDREN'S VITAMINS

Children's vitamins provide vitamins, minerals, and fluoride. They should be taken at the same time each day. Dose is based on the child's age, weight, and the fluoride content of the child's drinking water. Ingredients listed are per mL or per chewable tablet. Tab = chewable tablets. Asst = assorted.

Brand Name	Company	Form		Fluoride (mg)	Fluoride (mg)	Vit. A (units)	Vit. B <sub>1</sub> (mg)	Vit. B <sub>2</sub> (mg)	Vit. B <sub>3</sub> (mg)	Vit. B <sub>5</sub> (mg)	Vit. B <sub>6</sub> (mg)	Vit. B <sub>12</sub> (mcg)	Biotin (mcg)	Vit. C (mg)	Folic Acid (mcg)	Vit. D (units)	Vit. E (units)	Vit. K (mcg)	Calcium (mg)	Iron (mg)	Chromium (mcg)	Copper (mcg)	Iodine (mcg)	Magnesium (mg)	Manganese (mg)	Molybdenum (mcg)	Phosphorous (mg)	Zinc (mg)	Flavors	Phenylalanine	Contains sugar		
<b>BUGS BUNNY COMPLETE</b>	Bayer	tab	OTC		5000	1.5	1.7	20	10	2	6	40	60	0.4	400	30		100	18		2	150	20						100	15	asst	yes	
<b>BUGS BUNNY + EXTRA C</b>	Bayer	tab	OTC		2500	1.05	1.2	13.5		1.05	4.5		250	0.3	400	15														asst	yes		
<b>BUGS BUNNY + IRON</b>	Bayer	tab	OTC		2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15			15										asst	yes			
<b>CENTRUM KIDS COMPLETE</b>	Wyeth Cons.	tab	OTC		5000	1.5	1.7	20	10	2	6	45	60	0.4	400	30	10	108	18	20	2	150	40	1	20	50	15	asst	yes				
<b>CENTRUM KIDS + EXTRA C</b>	Wyeth Cons.	tab	OTC		5000	1.5	1.7	20	10	2	6	45	250	0.4	400	30	10	108	18	20	2	150	40	1	20	50	15	asst	yes				
<b>CENTRUM KIDS + EXTRA CALCIUM</b>	Wyeth Cons.	tab	OTC		5000	1.5	1.7	20	10	2	6	45	60	0.4	400	30	10	200	18	20	2	150	40	1	20	50	15	asst	yes				
<b>MY FIRST FLINTSTONES</b>	Bayer	tab	OTC		1998	1.05	1.2	10		1.05	4.5		60	0.3	400	15													asst	yes			
<b>FLINTSTONES COMPLETE*</b>	Bayer	tab	OTC		3000	1.5	1.7	15	10	2	6	40	60	0.4	400	30		100	18		2	150	20				100	12	asst	yes			
<b>FLINTSTONES + EXTRA C</b>	Bayer	tab	OTC		2500	1.05	1.2	13.5		1.05	4.5		250	0.3	400	15													asst				
<b>FLINTSTONES + IRON</b>	Bayer	tab	OTC		2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15			15										asst				
<b>FLINTSTONES + CALCIUM</b>	Bayer	tab	OTC		2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15		200											asst	yes			
<b>FLINTSTONES GUMMIES*</b>	Bayer	gummy	OTC		2000					1	5	75	30	0.2	200	20					40							2.5	asst		yes		
<b>GERBER VITAMIN</b>	Gerber	drops	OTC		1500	0.5	0.6	8		0.4	2		35		400	5													asst		no		
<b>Sodium Fluoride Drops</b>	various	drops	R	<b>0.125</b>																									peach		no		
		drops	R	<b>0.25</b>																									peach		no		
		drops	R	<b>0.5</b>																									peach		no		
		drops	R	<b>2.5</b>																									peach		no		
<b>Sodium Fluoride Chewable</b>	various	chew tab	R	<b>0.25</b>																									vanilla		no		
		chew tab	R	<b>0.5</b>																									grape		no		
		chew tab	R	<b>1</b>																									cherry		no		
<b>MYKIDZ IRON FL**</b>	NextWave	susp	R	<b>0.25</b>	1500								35		400														berry banana		no		
<b>POLY-VI-SOL DROPS</b>	Mead Johnson	drops	OTC		1500	0.5	0.6	8		0.4	2		35		400	5													fruit				
<b>POLY-VI-SOL w. IRON</b>	Mead Johnson	drops	OTC		1500	0.5	0.6	8		0.4			35		400	5			10										fruit				
<b>Poly-Vitamin Chewable Tablets w/Fluoride</b>	various	tab	R	<b>0.25</b>	2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15													asst				
		tab	R	<b>0.5</b>	2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15													asst				
		tab	R	<b>1</b>	2500	1.05	1.2	13.5		1.05	4.5		60	0.3	400	15													asst				
<b>Poly-Vitamin Drops w/Fluoride</b>	various	drops	R	<b>0.25</b>	1500	0.5	0.6	8		0.4	2		35		400	5													fruit				
		drops	R	<b>0.5</b>	1500	0.5	0.6	8		0.4	2		35		400	5													fruit				
<b>Poly-Vitamin Drops w/Iron &amp; Fluoride</b>	various	drops	R	<b>0.25</b>	1500	0.5	0.6	8		0.4			35		400	5			10										fruit				
<b>TRI-VI-SOL</b>	Mead Johnson	drops	OTC		1500								35		400														fruit				
<b>TRI-VI-SOL w. IRON</b>	Mead Johnson	drops	OTC		1500								35		400				10										fruit				
<b>Tri-Vitamin Drops w/Fluoride</b>	various	drops	R	<b>0.25</b>	1500								35		400														fruit				
<b>Tri-Vitamin Drops w/Iron &amp; Fluoride</b>	various	drops	R	<b>0.25</b>	1500								35		400				10										fruit				
<b>TUMS KIDS</b>	GlaxoSmithKline	tab	OTC															750											cherry				
<b>VIACIV</b>	McNeil Cons & Specialty	soft chew	OTC											100		40	500												mochaccino/milk chocolate				

Not an inclusive list. \*contains choline bitartrate. \*\*Ingredients are per 2mL.